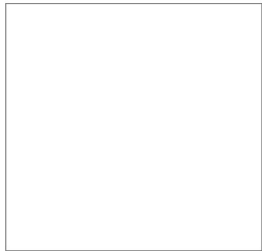
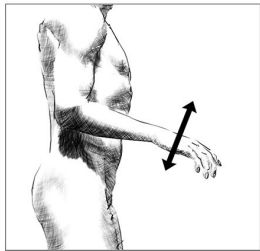


# ROM TESTING

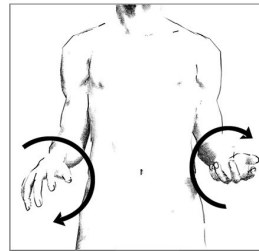
CLIENT NAME \_\_\_\_\_ DATE \_\_\_\_\_



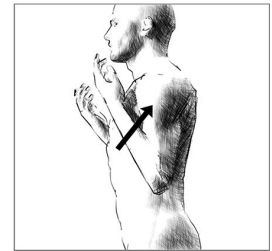
CLIENT COMPLAINT



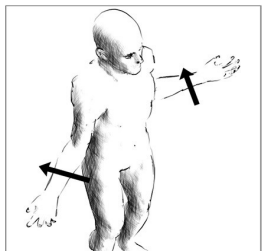
WRIST  
FLEXION/EXTENSION  
RF / RE / LF / LE



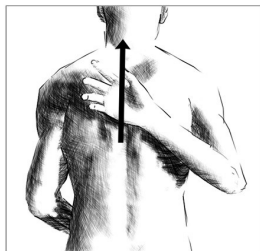
WRIST  
SUPINATION/PRONATION  
RS / RP / LS / LP



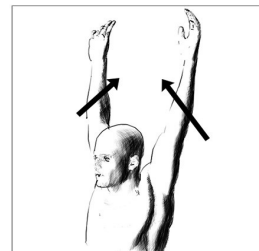
ELBOW FLEXION  
R / L



SHOULDER  
EXTERNAL ROTATION  
R / L

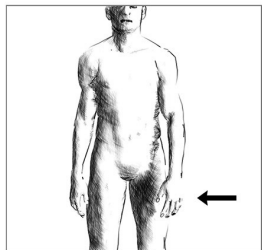


SHOULDER  
INTERNAL ROTATION  
R / L

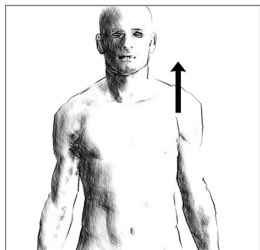


SHOULDER  
ABDUCTION  
R / L

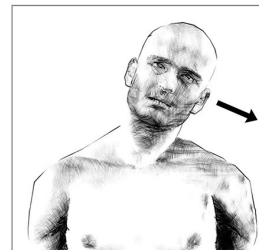
WITH SHOULDER PAIN  
ADD STRENGTH  
TESTING FOR:  
INTERNAL ROTATORS  
EXTERNAL ROTATORS  
ABDUCTORS  
+ PASSIVE ABDUCTION



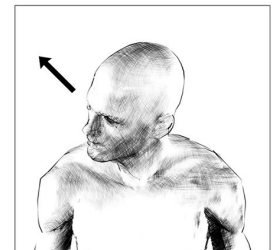
SHOULDER FORWARD  
R / L / OK



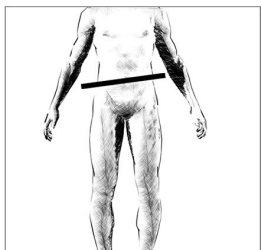
SHOULDER HEIGHT  
HIGH / LOW



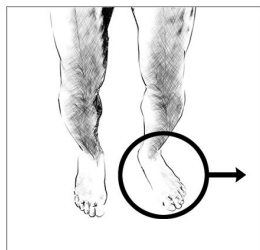
NECK LATERAL FLEXION  
UPPER L / UPPER RIGHT  
LOWER L / LOWER RIGHT



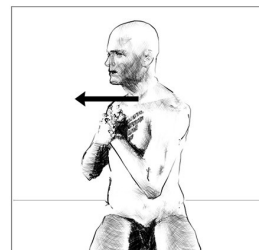
NECK ROTATION  
L / R



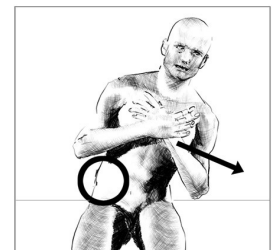
HIP HEIGHT  
R HIGH  
L HIGH



HIP ROTATION  
INTERNAL/EXTERNAL  
RE / LE

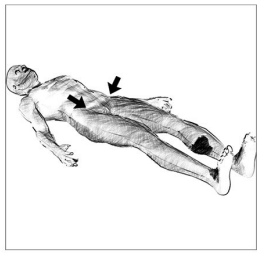


THORACIC  
ROTATION  
R / L

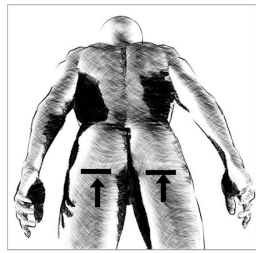


LUMBAR  
SIDEBENDING  
R / L

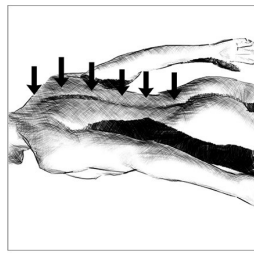
## PELVIS- LOWER BACK TESTS DURING SESSION



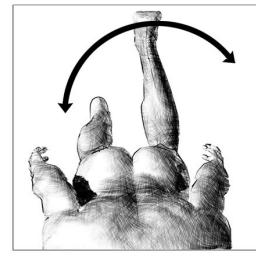
SQUISH TEST  
R/L



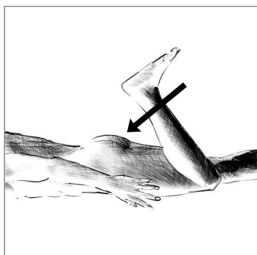
ILIUM  
HIGH/LOW



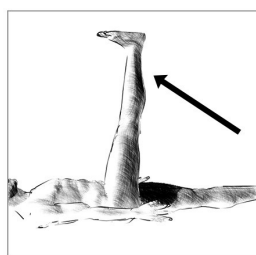
SPRING TEST  
LUMBAR / THORACIC



HIP ROTATION  
L INT / L EXT / R INT / R EXT

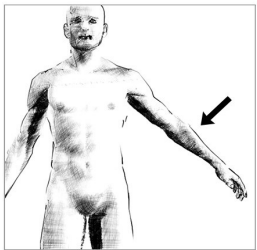


QUADRICEPS LENGTH  
R/L

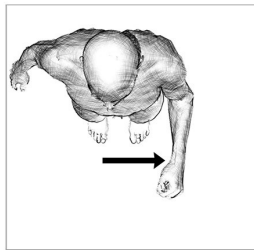


STRAIGHT LEG RAISE  
R/L

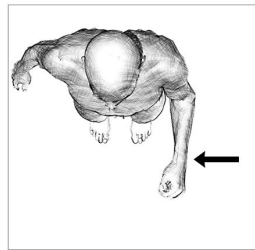
## STRENGTH TESTS FOR SHOULDER PAIN



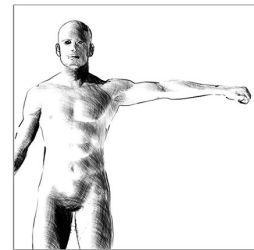
STRENGTH TEST  
ABDUCTORS  
R/L



STRENGTH TEST  
INT ROTATORS  
R/L



STRENGTH TEST  
EXT ROTATORS  
R/L



PASSIVE ABDUCTION  
FOR BURSTITIS  
R/L

## SESSION NOTES